



ESPE

THE EUROPEAN
SOCIETY FOR
CLINICAL
NUTRITION AND
METABOLISM



LLL Programme in Clinical Nutrition and Metabolism

New Modules Developed in 2017:

Topic 39 Let's talk about nutrition (NESG)

Module 39.1 Evidence-based facts in nutrition: how to produce and extract the evidence

Module 39.2 Nutrition facts: cost-effectiveness of nutrition support

Module 39.3 Discover your personality to improve your communication skills

Module 39.4 Leadership, Strategy and team building

Modules updated in 2017:

Topic 3 Nutritional Assessment and Techniques (NAaT)

Module 3.1 Nutritional Screening and Assessment

Module 3.2 Body Composition

Module 3.3 Energy Balance

Topic 13 Nutritional Support in Liver and Pancreatic Diseases

Module 13.1 Nutritional support in acute liver failure

Module 13.2 Nutritional support in chronic liver disease

Topic 14 Nutritional Support in Pancreatic Diseases

Module 14.1 Nutritional Support in Acute Pancreatitis

Module 14.2 Nutritional Support in Chronic Pancreatitis

Topic 21 Nutritional Support in Diabetes

Module 21.1 Medical Nutrition in Diabetes Mellitus

Module 21.2 Nutritional Support in Diabetes Type 1 and 2

Topic 22 Nutritional Support in Dyslipidemia

Module 22.1 Dyslipidemia: Targeting the management of cardiovascular risk factors

Module 22.2 Prescription of Artificial Nutrition in Patients with Dislipidemia

Topic 38 Nutrition in Respiratory Diseases (NiRD)

Module 38.1 Mechanisms and Consequences of Body Composition Abnormalities in Chronic Respiratory Diseases

Module 38.2 Issues Related to Obesity in COPD

Module 38.3 Diet and COPD

Module 38.4 New Findings of Meta-analyses in Nutrition Interventions for COPD and Multimodal Approaches

Modules updated in 2016:

Topic 8 Approach to Oral and Enteral Nutrition (EN)

Module 8.1 Indications, Contraindications, Complications and Monitoring of EN

Module 8.2 Hospital Diet and Oral Nutritional Supplements (Sip Feeds)

Module 8.3 Techniques of Enteral Nutrition

Module 8.4 Formulae for Enteral Nutrition

Topic 17 Nutritional Support in the Perioperative Period

Module 17.4 Making the Gut work

Topic 18 ICU Nutrition: Treatment and Problem Solving

Module 18.1 How to Maintain Homeostasis by Nutrition Care in the ICU

Module 18.2 More than Choosing the Route: Enteral and Parenteral Nutrition

Module 18.3 Repletion, Supplementation and Pharmaco-nutrition

Module 18.4 Clinical Priorities for Solving Complex ICU Patient Problems

Topic 19 Nutritional Support outside the Hospital: Home Parenteral Nutrition (HPN) in Adult Patients

Module 19.1 Indications and Outcome

Module 19.2 Training and Monitoring Patients on HPN

Module 19.3 Venous Access and Line Complications

Module 19.4 Metabolic Complications of Home Parenteral Nutrition and Indications for Intestinal Transplantation in Chronic Intestinal Failure

Topic 24 Nutritional Support in Metabolic Syndrome

Module 24.1 Diagnostic Criteria for Metabolic Syndrome

Module 24.2 Insulin Resistance: from Pathophysiology to Clinical Assessment

Module 24.3 Lifestyle Interventions in Metabolic Syndrome

Module 24.4 Drug Therapy beyond Lifestyle is it Cost Effective for Metabolic syndrome?

Topic 31 Nutrition in Behavioral Disorders

Module 31.3 Nutrition in Alcohol Abuse